2018 COMMUNITY RESOURCE DIRECTORY
A QUICK REFERENCE GUIDE FOR COMMUNITY RESOURCES IN PORTAGE COUNTY

A partnership between:

United Way of Portage County
Aging & Disability Resource Center of Portage County

United Way’s 2-1-1

Get Connected. Get Answers.

[Images of community events and gatherings]
**TABLE OF CONTENTS**

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volunteer Opportunities</td>
<td>6</td>
</tr>
<tr>
<td>Abuse/Adult Protective Services</td>
<td>7</td>
</tr>
<tr>
<td>Adaptive Aids/Medical Equipment</td>
<td>7</td>
</tr>
<tr>
<td>Adult Day Services</td>
<td>7</td>
</tr>
<tr>
<td>Advocacy Services</td>
<td>8</td>
</tr>
<tr>
<td>Alcohol &amp; Other Drug Abuse (AODA) Services</td>
<td>8</td>
</tr>
<tr>
<td>Alzheimer's/Dementia Services</td>
<td>9</td>
</tr>
<tr>
<td>Caregiver Support/Services</td>
<td>9</td>
</tr>
<tr>
<td>Case Management Services/Private Pay</td>
<td>9</td>
</tr>
<tr>
<td>Child Care Services</td>
<td>9</td>
</tr>
<tr>
<td>Child &amp; Youth Services</td>
<td>10</td>
</tr>
<tr>
<td>Chore Services</td>
<td>11</td>
</tr>
<tr>
<td>Clothing &amp; Household Goods</td>
<td>11</td>
</tr>
<tr>
<td>Consumer Complaints</td>
<td>12</td>
</tr>
<tr>
<td>Counseling</td>
<td>12</td>
</tr>
<tr>
<td>Dentistry (Low-Moderate Income)</td>
<td>12</td>
</tr>
<tr>
<td>Disability Resources</td>
<td>13</td>
</tr>
<tr>
<td>Domestic Abuse/Crisis Intervention</td>
<td>13</td>
</tr>
<tr>
<td>Education</td>
<td>12</td>
</tr>
<tr>
<td>Employment</td>
<td>14</td>
</tr>
<tr>
<td>Employment: Start Your Own Business</td>
<td>14</td>
</tr>
<tr>
<td>Energy/Utility Assistance</td>
<td>17</td>
</tr>
<tr>
<td>Environment</td>
<td>17</td>
</tr>
<tr>
<td>Family Services</td>
<td>17</td>
</tr>
<tr>
<td>Financial Services</td>
<td>17</td>
</tr>
<tr>
<td>Financial Services: Social Security</td>
<td>18</td>
</tr>
<tr>
<td>Financial Services: Tax Assistance</td>
<td>18</td>
</tr>
<tr>
<td>Food Assistance</td>
<td>18</td>
</tr>
<tr>
<td>Food Assistance: Grocery Shopping/Delivery</td>
<td>19</td>
</tr>
<tr>
<td>Funeral Planning</td>
<td>20</td>
</tr>
<tr>
<td>Gambling Services</td>
<td>21</td>
</tr>
<tr>
<td>Gifts</td>
<td>20</td>
</tr>
<tr>
<td>Grandparent Resources</td>
<td>20</td>
</tr>
<tr>
<td>Health Services</td>
<td>20</td>
</tr>
<tr>
<td>Health Services: Adaptive Aids/Medical Equipment</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Dentistry – (Low/Moderate Income)</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Hearing Services</td>
<td>22</td>
</tr>
<tr>
<td>2Health Services: Memory Loss</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Mental Health</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Naid Care/Pedorthics</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Pharmacists</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Prescription Drug Program</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Speech &amp; Language Resources</td>
<td>22</td>
</tr>
<tr>
<td>Health Services: Vision Services</td>
<td>22</td>
</tr>
<tr>
<td>Hearing Services</td>
<td>22</td>
</tr>
<tr>
<td>Home Health Care/Supportive Home Care</td>
<td>22</td>
</tr>
<tr>
<td>Hospice Care</td>
<td>23</td>
</tr>
<tr>
<td>Hospitals/Medical Facilities</td>
<td>24</td>
</tr>
<tr>
<td>Housing: Assistance</td>
<td>24</td>
</tr>
<tr>
<td>Rental Complaints/Consumer Complaints</td>
<td>24</td>
</tr>
<tr>
<td>Housing: Assisted Living Services</td>
<td>24</td>
</tr>
<tr>
<td>Adult Family Homes</td>
<td>25</td>
</tr>
<tr>
<td>Assisted Living</td>
<td>25</td>
</tr>
<tr>
<td>Housing: Emergency Shelter</td>
<td>26</td>
</tr>
<tr>
<td>Housing: Home Repairs, Weatherization, and Modificiations</td>
<td>26</td>
</tr>
<tr>
<td>Housing: Low-Income</td>
<td>26</td>
</tr>
<tr>
<td>Housing: Senior and Accessible Housing</td>
<td>26</td>
</tr>
<tr>
<td>Legal Services</td>
<td>27</td>
</tr>
<tr>
<td>Legal Services: Elder Law Attorneys</td>
<td>28</td>
</tr>
<tr>
<td>Libraries</td>
<td>28</td>
</tr>
<tr>
<td>Lifeline/Telephone Reassurance</td>
<td>28</td>
</tr>
<tr>
<td>Medical Equipment</td>
<td>28</td>
</tr>
<tr>
<td>Medicare/Medicaid</td>
<td>28</td>
</tr>
<tr>
<td>Nail Care/Pedorthics</td>
<td>29</td>
</tr>
<tr>
<td>Nursing Homes</td>
<td>29</td>
</tr>
<tr>
<td>Pharmacies</td>
<td>29</td>
</tr>
<tr>
<td>Prescription Drug Program</td>
<td>30</td>
</tr>
<tr>
<td>Recreation</td>
<td>30</td>
</tr>
<tr>
<td>Representative Payee Services</td>
<td>30</td>
</tr>
<tr>
<td>Respite Services</td>
<td>30</td>
</tr>
<tr>
<td>Senior Center</td>
<td>30</td>
</tr>
<tr>
<td>Speech &amp; Language Resources</td>
<td>30</td>
</tr>
<tr>
<td>Support Groups</td>
<td>30</td>
</tr>
<tr>
<td>Transportation</td>
<td>31</td>
</tr>
<tr>
<td>Veteran Services</td>
<td>31</td>
</tr>
<tr>
<td>Vision Services/Resources</td>
<td>31</td>
</tr>
<tr>
<td>Hotlines</td>
<td>31</td>
</tr>
</tbody>
</table>

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**Comfort & Independence Can Be Yours!**

Specializing in Home Health Care Equipment

### Daily Living Aids
- Scooters
- Stair Lifts
- Lift Chairs
- Reachers & Grabbers
- Bathroom Aids
- Pillows & Cushions
- Lift Chairs Made in USA
- Much, much More!

### Home Medical Equipment
- Hospital Beds
- Wheelchairs
- Manual & Powered
- Emergency Pendant Communicator
- Dr. Comfort Diabetic Shoes

### Services
- In-home patient assessment in conjunction with doctor's orders
- Impeccable customer service
- Assistance with billing & reimbursement Medicare & Medicaid approved
- In-home patient instruction & training
- Delivery Available
- Repair most major brand wheelchairs scooters and lift chairs
- Install scooter & wheelchair lifts for vehicles

**Great customer Service with Competitive Pricing**

**Feel Like Freedom?**

Complete PORTABLE OXYGEN SYSTEMS

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**Feeling Fit & Fantastic!**

You're home for all your senior fitness needs!

- Warm Water Aquatics Classes
- Personalized Functional Training

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**Rapid Rehab, Inc.**

2900 8th Street South
Winona, MN 55987
Call (715) 463-3984
www.rapidrehabinc.com
In an effort to provide the community with accurate and comprehensive information regarding available community resources, we are pleased to present this annual Community Resource Directory. This document is produced as a collaborative effort between United Way of Portage County, Aging & Disability Resource Center of Portage County and Portage County Health and Human Services, along with the Stevens Point Buyers’ Guide. The purpose of this directory is to provide a complete guide to service providers and resources in our community.

Please save this directory to use it throughout the year to help you, a family member or a friend locate a program, product or service. It is our intention to further expand and enhance the directory with each year’s publication. We welcome your comments and suggestions to improve future directories.

United Way of Portage County, Aging & Disability Resource Center of Portage County, and Portage County Health and Human Services do not assume responsibility for the services, nor do we endorse advertising content in this directory. Further, this publication does not represent all businesses and organizations serving the community of Portage County. We have made every effort to make this directory useful to community members, and regret if an agency was omitted. An organization’s inclusion or exclusion is not a reflection of its merit. Agencies and businesses with information to be considered for future publications should contact our office.

We would like to thank the Stevens Point Buyers’ Guide and the advertisers in this directory for helping to make this publication possible.

Partners of the Community Resource Directory include:

Stevens Point Housing Authority
Providing decent, safe, affordable housing

Hi-Rise Manor
Features:
• 1 bedroom.
• Wheelchair accessible apartments.
• Affordable rent based on income.
• Utilities included.
• 24-hour call system for personal emergencies.
• Laundry facilities on-site.
• Exterior doors secured nightly.
• On city bus routes.
• Located downtown.

Madison View Apartments
Scattered-Site Family Apartments
Features:
• 1, 2, 3, 4 bedroom apartments.
• Affordable rent based on income.
• Utilities included; or utility allowance.
• On city bus routes, near schools.
• Stove, refrigerator included.
• Basement with laundry hook-ups.

1300 Briggs Court, Stevens Point, WI 54481 | Phone: 715-341-3444
CALL 2-1-1 FOR ASSISTANCE

For everyday needs and difficult times, 2-1-1 is your connection to resources in Portage County.

www.unitedwaypoco.org

Free & Confidential Information and Referral Services.

United Way of Portage County
1100 Centerpoint Dr. Suite 302
Stevens Point, WI 54481
(715) 341-6740

Operating 24 hours a day.

LIVE UNITED
United Way
VOLUNTEERSROCK.ORG

The mission of the United Way of Portage County Volunteer Center is to promote community volunteerism and provide individuals and organizations with resources to address community needs through volunteer efforts.

Contact Us:
1100 Centerpoint Dr. Suite 302, Stevens Point, WI 54481
715-341-6740 | volunteer@unitedwaypoco.org | www.volunteersrock.org

ADRC
Aging & Disability Resource Center of Portage County
1519 Water St. Stevens Point, WI 54481
(715) 346-1401 | adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

Retired and Senior Volunteer Program
(715) 346-1401
rsvp@co.portage.wi.us
www.co.portage.wi.us/adrc

Volunteer Caregivers of Portage County
(715) 342-4084
volunteercaregivers@co.portage.wi.us
www.co.portage.wi.us/adr
ABUSE/ADULT PROTECTIVE SERVICES
Portage County Health and Human Services
Ruth Gilfry Center
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350
Contact: Intake Services
Services: Department of Health and Human Services is the lead elder adults-at-risk (age 60 and older) and adults-at-risk (age 18-59) agency in Portage County and respond to and investigates reports of elder and/or vulnerable adult abuse.

ADAPTIVE AIDS/MEDICAL EQUIPMENT
Alpine Supply
2536 Plover Rd.
Plover, WI 54467
(715) 345-1771

Apria Healthcare
1207 W. Veterans Pkwy
Marshfield, WI 54449
(715) 384-0088
Toll Free: (888) 492-7742
Fax: (715) 389-1406

Aspirus At Home - Medical Equipment
5450 W. Stewart Ave.
Wausau, WI 54401
715-847-2380
Toll Free: (800) 338-6121

Lincoln Center Loan Closet
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
Toll Free: (866) 920-2525
Fax: (715) 346-1418
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

ADULT DAY SERVICES
Rapid Rehab, LLC
555 W. Grand Ave.
Wisconsin Rapids, WI 54495
(715) 408-4172
Toll Free: (866) 248-2920
Fax: (715) 423-6410
rapidrehab@wctc.net
www.rapidrehabllc.com

Reliant Rehab
1517 N. Oak Ave.
Marshfield, WI 54449
(715) 384-5425
Fax (715) 387-6827

WisLoan
Midstate Independent Living Center
3262 Church St., Suite 1
Stevens Point, WI 54481
(715) 344-4210
Toll Free: (800) 382-8484 (Voice/TTY)
Fax: (715) 344-4414
milc@milc-inc.org
www.milc-inc.org

G&T Mobility & Services LLC
2833 Stanley St.
Stevens Point, WI 54481
(715) 341-2712
Toll Free: (800) 859-9041 or (888) 319-4241
Contact: Julia Link
www.gtmobility.com

Lincare
5009 Coye Drive
Stevens Point, WI 51181
(715) 343-5440
Fax: (866) 357-6502

Rapid Rehab, LLC
555 W. Grand Ave.
Wisconsin Rapids, WI 54495
(715) 408-4172
Toll Free: (866) 248-2920
Fax: (715) 423-6410
rapidrehab@wctc.net
www.rapidrehabllc.com

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1517 N. Oak Ave.
Marshfield, WI 54449
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Fax (715) 387-6827

WisLoan
Midstate Independent Living Center
3262 Church St., Suite 1
Stevens Point, WI 54481
(715) 344-4210
Toll Free: (800) 382-8484 (Voice/TTY)
Fax: (715) 344-4414
milc@milc-inc.org
www.milc-inc.org

G&T Mobility & Services LLC
2833 Stanley St.
Stevens Point, WI 54481
(715) 341-2712
Toll Free: (800) 859-9041 or (888) 319-4241
Contact: Julia Link
www.gtmobility.com

Lincare
5009 Coye Drive
Stevens Point, WI 51181
(715) 343-5440
Fax: (866) 357-6502

Lincoln Center Loan Closet
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
Toll Free: (866) 920-2525
Fax: (715) 346-1418
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

ADULT DAY SERVICES
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Board on Aging and Long-Term Care
5424 US Highway 10 East Suite F
Stevens Point, WI 54482
(715) 345-5229
(800) 815-0015
Answers questions about nursing homes, assisted living facilities, and community-based long-term care services.

CaHoots Adult Day Service
137 North Main St.
Amherst, WI 54406
(715) 824-4341
1035 Royalton St.
Waupaca, WI 54981
(715) 802-5002
cahootsadultdayservice@yahoo.com
www.cahootsads.com

Opportunity Development Center (ODC)
41 Park Ridge Dr.
Stevens Point, WI 54481
(715) 344-4563
hbronk@odcinc.com
www.odcinc.com

“Special Friends for Special Needs.”
4U Adult Day Services
3100 Minnesota Ave.
Stevens Point, WI 54481
(715) 544-4154
pswope@4udayservice.com
www.4udayservice.com/

4U Adult Day Services
3100 Minnesota Ave.
Stevens Point, WI 54481
(715) 544-4154
pswope@4udayservice.com
www.4udayservice.com/

**ADVOCACY SERVICES**

American Association of Retired Persons (AARP)
601 E. Street, NW
Washington, DC 20049
(888) 687-2277
www.AARP.org
Serves the needs of people age 50 and older through advocacy, research and consumer information.

ARC-Wisconsin Disability Association, Inc.
2800 Royal Ave. Suite 209
Madison, WI 53713
(608) 222-8907
www.arc-wisconsin.org

Benefits Specialist Program, Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/
department/adrc

Board for People with Developmental Disabilities
101 E. Wilson St. Room 219
Madison, WI 53713
(608) 266-7826
(888) 332-1677
bpddhelp@wi-bpdd.org
www.wi-bpdd.org

Coalition of Wisconsin Aging Groups (CWAG)
6320 Monona Dr.
Monona, WI 53716
(608) 222-8907
(800) 488-2596 Ext. 328
www.cwag.org

Community Friends
1316 Division St.
Stevens Point, WI 54481
(715) 344-3983
Contact: Judy Bablitch
jbablitch@charter.net

Dawn (Disability Advocates Wisconsin Network)
www.dawninfo.org

Disability Drug Benefit Helpline (Medicare Part D):
(800) 926-4862

Disability Rights Wisconsin (DRW)
131 W. Wilson St. Suite 700
Madison, WI 53703
(608) 267-0214
www.disabilityrightswi.org

Disability Voting Rights Helpline:
(800) 928-8778

Elder Financial Empowerment Project, Coalition of Wisconsin Aging Groups (CWAG)
6320 Monona Drive, Suite 304, 305 and 307
Monona, WI 53716
(608) 224-0606
www.disabilityrightswi.org

Midstate Independent Living Center, Inc.
3262 Church St. Suite 1
Stevens Point, WI 54481
(800) 382-8484
V/TTY (715) 344-4210
milc@milc-inc.org www.milc-inc.org

Ombudsman Program, Wisconsin Board on Aging & Long-Term Care
5424 Hwy. 10 E
Stevens Point, WI 54481
Portage County contact: Karee Slamski
(800) 815-0015
www.longtermcare.state.wi.us

Wisconsin Legislative Hotline
(608) 266-9960
(800) 362-9472
Call to express your opinion to your state legislator regarding any state of Wisconsin legislative issue.

ALCOHOL & DRUG ABUSE

2617 Club LTD
AA, Al-Anon, Alateen, Overeaters Anonymous
1578 Strongs Ave.
Stevens Point, WI 54481
Chris Okray, President
(715) 344-0004

Alcohol and Drug-Free Residential Living
(715) 421-1124
Oxford House, Inc. is a non-profit national organization that supports democratically-run, self-supporting alcohol and drug-free homes for those in recovery from addiction.

Riverside House for Men
(715) 340-1301
ejr.wynne@bgclubpc.org

River Point House for Women
(715) 544-0132

Alcoholics Anonymous
(888) 292-6677
www.aawidistrict04.org

Al-Anon/Alateen
(888) 425-2666
www.area61afg.org

Alcohol & Other Drug Abuse Coalition
PO Box 423
Stevens Point, WI 54481
rockmanl@charter.net
www.portagecountyaodacoalition.org

Destiny Point
3995 Cty Rd K
Amherst, WI 54406
(715) 824-5872
www.destinypoint.dp.com
www.portagecountyaodacoalition.org

The vision of Our Home at Destiny Point Restoration Center includes providing women with shelter, food, clothing, education, basic life skills, counseling, mentors and support. We are not a facility that provides just treatment.

Ascension Behavioral Health-Outpatient Clinic
209 Prentice St. North
Stevens Point, WI 54481
(715) 344-4611
Aspiration
Health-Residential Treatment
201 Prentice St. North
Stevens Point, WI 54481
(715) 345-0711

Narcotics Anonymous,
North Central Wisconsin Area
(866) 590-2651
PR@ncwana.org
www.ncwana.org

New Directions
Counseling Center
5541 Hwy. 10 East, Suite B
Stevens Point, WI 54481
(715) 345-9690
staff@newdirectionscc.com
www.newdirectionscc.com

Portage County Careline
(715) 345-5959

Women for Sobriety
Ascension Behavioral Health
201 Prentice St.
Stevens Point, WI 54481
(715) 345-0711
michael.slavin@Ascensionhealth.org
www.Ascensionhealth.org

Aging & Disability Resource Center of
Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Aspirus Memory Clinic
2720 Plaza Dr. Suite 1400 B
Wausau, WI 54401
(715) 847-2004
www.aspirus.org
Wed.: 8 am-5 pm
3rd and 4th Thurs. afternoon of each month

Dementia Care Specialist Services
Aging and Disability Resource Center of
Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

Memory Disorders Clinic
Marshfield Clinic
1000 North Oak Ave.
Marshfield, WI 54449-5777
(715) 387-5350
(800) 782-8581
www.marshfieldclinic.org

Project Lifesaver of Portage County
Aging & Disability Resource Center of
Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

Safe & Sound Program
Aging & Disability Resource Center of
Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

CAREGIVER SUPPORT/ SERVICES
Alzheimer's Family Caregiver Support Program/National Family Caregiver Support Program
CAP Services, Inc.
Head Start Program
The Family Development Center
2900 Hoover Ave., Suite A
Stevens Point, WI 54481
(715) 343-7152
tstarr@capmail.org
www.capservices.org

Childcaring, Inc.
1107 W. Grand Ave.
Wisconsin Rapids, WI 54495
(715) 423-4114
(800) 628-8534
info@childcaring.org
www.childcaring.org
Dedicated to providing quality child care information, and partnering with parents, care providers, business leaders, and community organizations to make quality care available to Central Wisconsin families.

Community Child Care Center
1508 Texas Ave.
Stevens Point, WI 54481
(715) 341-2797
www.communitychildcare.info

Helen R. Godfrey University
Child Learning and Care Center
UWSP Delzell Hall
910 Fremont St.
Stevens Point, WI 54481
(715) 346-4370
childcare@uwsp.edu
www.uwsp.edu/childcare

Little Scholars Child Care and Preschool
3209 Business Park Dr.
Stevens Point, WI 54482 &
3301 John Joannis Dr.
Stevens Point, WI 54482
(715) 344-0205
info@littlescholars.com
www.littlescholars.com

Trinity Learning Center & Preschool
1410 Rogers St.
Stevens Point, WI 54481
(715) 344-2227
www.TrinityLovesKids.com

Wisconsin Shares Child Care Subsidy Program, Portage

County Health and Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(888) 445-1621

YMCA Child Development Office
1000 Division St.
Stevens Point, WI 54481
(715) 342-2999
www.spymca.org
childdevelopment@spymca.org

Young Blessings Preschool
293 S Main St.
Amherst, WI 54406
(715) 824-5615
youngblessings@gmail.com
www.youngblessings.com

National Child Care Information Center
(800) 616-2242

CHILD & YOUTH SERVICES

Big Brothers Big Sisters of Central Wisconsin
1000 A Division St.
Stevens Point, WI 54481
(715) 341-0661
bbbscw@gmail.com
www.bigimpact.org

Boy Scouts of America - Samoset Council
Stevens Point, WI 54481
Senior District Executive: Dean Bushey
(715) 355-1450
(715) 409-8637
Dean.Bushey@samoset.org
www.samoset.org

Boys and Girls Club of Portage County
Main Office
941 Michigan Ave.
Stevens Point, WI 54481
(715) 341-4385
info@bgclubpc.org
www.bgclubpc.org

Almond Bancroft Club
1336 Elm St. Room S318
Almond/Bancroft Schools
Almond, WI 54909
(715) 366-2841 ext. 242
info@bgclubpc.org
www.bgclubpc.org
Jefferson Club
1800 East Ave.
Jefferson Elementary School
Stevens Point, WI 54481
(715) 321-3099
info@bgclubpc.org
www.bgclubpc.org

Junction City Club
J. F. Kennedy Elementary School
616 W 2nd St.
Junction City, WI 54443
(715) 321-3098
info@bgclubpc.org
www.bgclubpc.org

Madison View Club
Madison View Apartments
725 John’s Dr. #10
Stevens Point, WI 54481
(715) 204-1179
info@bgclubpc.org
www.bgclubpc.org

Plover Club
2401 Cedar Dr.
Plover, WI 54467
(715) 295-0040
info@bgclubpc.org
www.bgclubpc.org

Rosholt Club
346 Randolph Street
Rosholt, WI 54473
(715) 677-3628
danielle.belsky@bgclubpc.org
www.bgclubpc.org

CAP Services, Inc. Early Childhood Development Administration Office
2900 Hoover Road, Suite B
Stevens Point, WI 54481
(715) 343-7539
www.capservices.org

CAP Services, Inc. Youth Services Outreach Office
1616 West River Dr.
Stevens Point, WI 54481
(715) 343-7117
24-hour, toll free hotline: (800) 472-3377, (715) 343-7125
www.capservices.org
24-hour free and confidential services for youth at risk of homelessness and/or youth in crisis and their families.

Children and Youth with Special Health Care Needs
Marathon County Health Department
1000 Lakeview Dr. Suite 100 Wausau, WI 54403
(715) 261-1906
(866) 640-4106
Julia.Stavran@co.marathon.wi.us
www.NorthernRegionalCenter.org
Serves families and providers who care for children birth to 21 years of age with special health care needs.

Children’s Service Society of Wisconsin
1201 Water St. Suite C
Stevens Point, WI 54481
(715) 341-6672
www.chw.org
Mission is to build, sustain, and enhance a nurturing environment for Wisconsin children.

Portage County Alliance for Youth
1462 Strongs Ave.
Stevens Point, WI 54481
(715) 346-1320
tpraeger@spymca.org
www.pcayouth.org
Promotes positive youth development from birth to 18.

Portage County University of WI Cooperative Extension
1462 Strongs Ave.
Stevens Point, WI 54481
(715) 346-1316
www.portage.uwex.edu
Extension faculty bring non-biased, research based educational resources to respond to local needs. Wisconsin First Step
(800) 642-7837
www.mch-hotlines.org

YMCA - Community Services
1000 Division St.
Stevens Point, WI 54481
(715) 342-2980
www.spymca.org
Strengthens communities through youth development, healthy living, and social responsibility. Financial assistance is available.

CHORE SERVICES
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Aspirus at Home
2957 Church St.
Stevens Point, WI 54481
(715) 345-1447
www.aspirus.org/ourservices

Aurora Community Health
406 Technology Dr. Suite B
Menomonie, WI 54751
(715) 235-1839
www.auroraservices.com

Volunteer Caregivers of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 342-4084
volunteercaregivers@co.portage.wi.us

CLOTHING & HOUSEHOLD GOODS

Coats for Kids
DigiCopy
428 Division St.
Stevens Point, WI 54481
(715) 295-9606

Dime and Dollar Thrift Store
3268 Church St.
Stevens Point, WI 54481
(715) 341-0562

Emergency Services
1224 Strongs Ave.
Stevens Point, WI 54481
(715) 344-7438

Freecycle Network Website
www.freecycle.org
Offers free membership to a local, moderated e-mail group that allows members to both donate and acquire items such as furniture, kitchen supplies or electronics.
Goodwill Industries  
5373 Highway 10 East  
Stevens Point, WI 54482  
(715) 345-0311  
1017 Commons Circle  
Crossroads Commons  
Plover, WI 54467  
(715) 544-6637

Operation Bootstrap  
5000 Heffron St.  
Stevens Point, WI 54481  
operation.bootstrap@gmail.com

Other Mothers  
1917 Post Rd.  
Plover, WI 54467  
(715) 345-1234  
lrusin@charter.net  
www.othermothers.com

Portage County  
Dressed to Work Association  
41 Park Ridge Dr.  
Park Ridge, WI 54481  
(715) 345-7200  
dressedtowork@yahoo.com  
Provides no-cost clothing, accessories, and appropriate attire selection for lower income individuals who are interviewing and entering the workforce.

Saint Paul’s United Methodist Church Project Fresh Clothes  
600 Wilshire Blvd.  
Stevens Point, WI 54481  
(715) 344-3557

St. Vinnies Thrift Store and Food Pantry  
2124 Rice St.  
Stevens Point, WI 54481  
(715) 344-7395  
svincentplover@gmail.com  
www.svinniesthriftstore.com

Tiff’s Kids Closet  
1948 Church St.  
Stevens Point, WI 54481  
(715) 252-7800  
info@WisconsinECI.org

CONSUMER COMPLAINTS

Better Business Bureau WI  
(800) 273-1002  
www.BBB.org  
Bureau of Quality Assurance  
Division of Disability and Elder Services  
P.O. Box 2969  
Madison, WI 53701-2969  
(608) 266-8481

Consumer Protection Division  
2811 Agriculture Drive  
P.O. Box 8911  
Madison, WI 53708-8911  
(800) 422-7128

Office of the Commissioner of Insurance (OCI)  
125 South Webster St.  
P.O. Box 7873  
Madison, WI 53703-3474  
(800) 236-8517

COUNSELING

Ascension at Maria Drive  
3398 East Maria Dr.  
Stevens Point, WI 54481  
(715) 341-7441

Ascension  
209 Prentice St. N  
Stevens Point, WI 54481  
(715) 346-5000  
www.Ascensionhealth.org

Aspirus Outpatient Therapy Services  
2957 Church St.  
Stevens Point, WI 54481  
(715) 345-1447  
www.aspirus.com

Central Wisconsin Counseling Associates  
2925 Post Road, Suite 5  
Stevens Point, WI 54481  
(715) 424-6960  
cwca@charter.net  
www.cwcounselingassoc.com

Children’s Service Society of Wisconsin  
1201 Water St. #C  
Stevens Point, WI 54481  
(715) 341-6672  
www.chw.org  
Mission is to build, sustain, and enhance a nurturing environment for Wisconsin children.

Mid-WI Psychotherapy Associates  
100 Bremmer St.  
Stevens Point, WI 54481  
(715) 344-2016

New Directions Counseling Center  
5541 Highway 10 East, Suite B  
Stevens Point, WI 54482  
(715) 345-9690  
staff@newdirectionscounseling.com  
www.newdirectionscounseling.com

New Life Therapy Center  
23 Park Ridge Dr. #1  
Stevens Point, WI 54481  
(715) 342-4180  
(800) 597-4220  
fredand@wctc.net  
nltherapy@wctc.net  
www.newlifetherapy.com

Oswald Counseling Associates  
2450 Vineyard Dr.  
Plover, WI 54467  
(715) 342-0290  
info@oswaldcounselingassociates.com  
www.oswaldcounselingassociates.com

Portage County  
Health & Human Services  
Psychological Services  
817 Whiting Ave.  
Stevens Point, WI 54481  
(715) 345-5350

Riverwood Counseling Center  
1052 Main St. Suite 202  
Stevens Point, WI 54481  
(715) 343-5256  
rivwood_counseling@hotmail.com  
www.riverwoodcounseling.org

DENTISTRY (LOW-MODERATE INCOME)

Ascension at Maria Drive Dental Center  
3504 East Main Dr.  
Stevens Point, WI 54481  
(715) 345-8060  
www.Ascensionhealth.org  
Accepts Medical Assistance/Badgercare participants residing in Portage County.

Family Health Medical & Dental Center  
400 S. Townline Rd.  
Wautoma, WI 54982  
(920) 787-5574  
(800) 942-5330

Marshfield Clinic Dental Center  
1307 N Saint Joseph’s Ave.  
Marshfield, WI 54449  
(715) 221-5600  
The Marshfield Dental Center serves all patients, regardless of ability to pay or insurance status (uninsured or underinsured, private pay and commercial insurance).
Medicaid/BadgerCare Recipient Hotline
(800) 362-3002
Call the hotline to locate a dentist in your area who accepts Medicaid/BadgerCare payment for services.

Wisconsin Dental Association
West Allis, WI 53214
(414)276-4190 (866) 812-9840
cgolabowski@wda.org
www.wda.org

DISABILITY RESOURCES
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 346-1401
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Aurora Community Services
Post Rd. Suite 5
Plover, WI 54467
(715) 342-4981
ara@auroraservices.com
Employment assessment to identify vocational needs of participants.

Community Friends
1316 Division St.
Stevens Point, WI 54481
(715) 344-3983
Judy Bablitch
jbablitch@charter.net
Provide fellowship, support and advocacy that enriches the lives of adults with disabilities.

Opportunity Development Center
41 Park Ridge Dr.
Stevens Point, WI 54481
(715) 344-4563
hlecl@communityindustries.org www.communityindustries.org

Community Partners Program
2800 Prais St.
Stevens Point, WI 54481
(715) 341-3009
tsbkflugaur@charter.net

Create and support matches between developmentally disabled adults and mentors from the community.

Midstate Independent Living Center (MILC)
3262 Church St. #1
Stevens Point, WI 54481
(715) 344-4210 (Voice/TTY)
(800) 382-8484 (Voice/TTY)
milc@milc-inc.org
www.milc-inc.org

DOMESTIC ABUSE/CRISIS INTERVENTION
Child Abuse and Neglect Reporting and Services
Portage County Health and Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350

CAP Services, Inc. Domestic Abuse Outreach Services
1608 W. River Dr.
Stevens Point, WI 54481
(715) 343-7129
www.capservices.org
24-hour free and confidential Domestic Abuse Victim Services Family Crisis Center
1616 West River Dr.
Stevens Point, WI 54481
(715) 343-7125
(800) 472-3377
www.capservices.org
24-hour free and confidential Domestic Abuse, Sexual Assault and Youth Services
Sexual Assault Victim Services
1616 West River Dr.
Stevens Point, WI 54481
(715) 343-7179
24-hour, toll free hotline: (800) 472-3377, (715) 343-7125
www.capservices.org
24-hour free and confidential Sexual Assault Victim Services

Portage County Health and Human Services
Ruth Gilfry Center
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350
Contact: Intake Services
Portage County Crisis Intervention Services
Portage County Health & Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350, then press 2
After hours emergency hotline:
(866) 317-9362
Provides payment assistance for Portage County residents to obtain counseling, psychotherapy, or psychological evaluations from private agencies who participate in the program.

EDUCATION
CAP Services, Inc. Hmong UPLIFT Family Literacy Program
1608 W. River Dr.
Stevens Point, WI 54481
(715) 343-7106
www.capservices.org
A multi-generational literacy program that helps bridge the gaps within families looking to improve their lives.

Community Foundation of Central Wisconsin
1501 Clark St.
P. O. Box 968
Stevens Point, WI 54481
(715) 342-4454
foundation@cfcwi.org
www.cfcwi.org

Junior Achievement of Portage and Wood Counties
23 Park Ridge Drive Unit 2-0
Stevens Point, WI 54481
(715) 345-1104
PWC@jawis.org
www.portagecounty.ja.org
Purpose is to educate and inspire young people to succeed in a global economy.

LIFE – Association of Senior Learners associated with Elderhostel Institute
University of WI-Stevens Point
(715) 346-3838
UWSPE-LIFE@uwsp.edu
www.uwsp.edu/conted/LIFE
Lincoln Center  
1519 Water St.  
Stevens Point, WI 54481  
(715) 346-1401  
www.co.portage.wi.us/department/adrc

Mid-State Technical College  
1001 Centerpoint Dr.  
Stevens Point, WI 54481  
(715) 344-3063  
www.mstc.edu/student-resources/learning-commons

Pacelli Catholic Schools  
1301 Maria Drive  
Stevens Point, WI 54481  
(715) 341-2445

Portage County Literacy Council  
1209 Fremont St.  
209 Nelson Hall  
Stevens Point, WI 54481  
(715) 345-5341  
pocolit2013@gmail.com  
www.pocolit.org  
One-on-one tutoring for native English-speaking adults who want to improve reading, writing and basic math skills. One-on-one tutoring and classes for nonnative English speakers who want to improve English language skills.

Portage County – University of Wisconsin Extension  
Courthouse Annex Building  
1462 Strongs Ave.  
Stevens Point, WI 54481-2947  
(715) 346-1316  
www.portage.uwex.edu

Stevens Point Area Public School District Student Services  
1900 Polk St.  
Stevens Point, WI 54481  
(715) 345-5454 Student Services  
(715) 345-5456 General District Information  
www.pointschools.net

University of Wisconsin-Stevens Point  
2100 Main St.  
Stevens Point, WI 54481  
General Information: (715) 346-0123  
Continuing Education: (715) 346-3838  
www.uwsp.edu

Lincoln Center  
1519 Water St.  
Stevens Point, WI 54481  
(715) 346-1401  
www.co.portage.wi.us/department/adrc

Mid-State Technical College  
1001 Centerpoint Dr.  
Stevens Point, WI 54481  
(715) 344-3063  
www.mstc.edu/student-resources/learning-commons

Pacelli Catholic Schools  
1301 Maria Drive  
Stevens Point, WI 54481  
(715) 341-2445

Portage County Literacy Council  
1209 Fremont St.  
209 Nelson Hall  
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Portage County – University of Wisconsin Extension  
Courthouse Annex Building  
1462 Strongs Ave.  
Stevens Point, WI 54481-2947  
(715) 346-1316  
www.portage.uwex.edu

Stevens Point Area Public School District Student Services  
1900 Polk St.  
Stevens Point, WI 54481  
(715) 345-5454 Student Services  
(715) 345-5456 General District Information  
www.pointschools.net

University of Wisconsin-Stevens Point  
2100 Main St.  
Stevens Point, WI 54481  
General Information: (715) 346-0123  
Continuing Education: (715) 346-3838  
www.uwsp.edu

United Way of Portage County Project Fresh Start  
1100 Centerpoint Dr. Suite 302  
Stevens Point, WI 54481  
(715) 341-6740  
volunteer@unitedwaypoco.org  
www.volunteersrock.org/pfs  
Event that coordinates collection of school supplies, then distributes school supplies to low-income families with children in grades K-12. Annual event is held in August.

Wisconsin Department of Public Instruction (DPI)  
125 S. Webster St.  
Madison, WI 53703  
(800) 441-4563  
www.dpi.wi.gov

EMPLOYMENT

CAP Services, Inc. Skills Enhancement Program  
1608 West River Dr.  
Stevens Point, WI 54481  
(715) 343-7102  
www.capservices.org  
Workforce development program that assists working low-income individuals in obtaining skills needed to compete for living wage jobs.

Opportunity Development Center  
41 Park Ridge Dr.  
Stevens Point, WI 54481  
(715) 344-4563  
www.communityindustries.org

Food Share Employment & Training Program (FSET)  
Portage County Health and Human Services Department  
817 Whiting Ave.  
Stevens Point, WI 54481  
(715) 345-5350

Forward Service Corporation  
Wisconsin Works (W-2) Program  
1100 Centerpoint Dr.  
Stevens Point, WI 54481  
(715) 544-1562  
W-2 is Wisconsin’s Temporary Aid for Needy Families (TANF) program, which provides employment services and training to help eligible residents get and keep employment.

IBA Resources, LLC  
Becky Hebd, Director  
(888) 206-6028  
Becky.Hebd@IBAResources.com

Innovative Services, Inc.  
1001 Briolowski Rd. Suite D  
Stevens Point, WI 54482  
(715) 544-6116  
www.myinnovativeservices.com

Woodlands Church  
Jobs for Life  
190 Hoover Ave.  
Plover, WI 54467  
(715) 341-0800  
www.woodlandchurch.org

Workforce Resource  
630 South Central Ave. Suite 330  
Marshfield, WI 54449  
(715) 505-7254  
redetzket@workforceresource.org

EMPLOYMENT: STARTING YOUR OWN BUSINESS

CAP Services, Inc. Jobs & Business Development  
2900 Hoover Road  
Stevens Point, WI 54481  
(715) 343-7141  
lwest@capmail.org  
www.capservices.org  
Business financial planning, lending and business incubators offer resources for low-income entrepreneurs and entrepreneurs committed to hiring low-income individuals.

Central Wisconsin SCORE  
700 South Central Ave.  
Marshfield, WI 54449  
(715) 384-3454  
karenolson@marshfieldchamber.com  
www.centralwisconsin.score.org  
Working and retired executives and business owners donate their time and expertise to help current business owners and aspiring entrepreneurs, through both online and face-to-face counseling, advice, and mentoring.

Portage County Business Council  
5501 Vern Holmes Dr.  
Stevens Point, WI 54482  
(715) 344-1940  
info@portagecountybiz.com  
www.portagecountybiz.com  
The Chamber of Commerce & Economic Development Corporation work to strengthen the business climate in Portage County.
Now Hiring

The path to a successful career starts here.

QPS is hiring in the WI Rapids, Stevens Point, Plover, Mosinee and Auburndale area.

Call QPS to learn more and schedule your interview at 715-344-2228.

QPSWORKS.COM

Looking for a place to call home?

For Older Adults and/or Persons with a Disability

Affordable Apartments Available

3 Convenient Locations
NORRIS MANOR • MARSHFIELD
715.387.4419

CHULA VISTA MANOR • WI RAPIDS
715.421.5353

FIRESIDE • STEVENS POINT
715.341.8339
1 BEDROOM FLOOR PLANS
Lots of Amenities • Smoke Free Options
Affordable Rent is Based on Income

www.meridiangroupinc.net

Funded in part through a cooperative agreement with the U.S. SBA.
UW-Stevens Point Small Business Development Center
2100 Main St.
Stevens Point, WI 54481-3897
(715) 346-3838
Melissa.Meshke@uwsp.edu
www.wisconsinsbdc.org/stevenspoint
Offers management education and counseling for anyone interested in learning to start or operate a small business.

ENERGY/UTILITY ASSISTANCE

CAP Services
Weatherization Program
1725 West River Dr.
Stevens Point, WI 54481
(715) 343-7135
djohnson@capmail.org
www.capservices.org

Central Wisconsin Electric Cooperative
10401 Lystul Rd.
Rosholt, WI 54473
(715) 677-2211
(800) 377-2932
www.cwecoop.com
Customers who meet income eligibility criteria may qualify for utility assistance.

Energy Services of Portage County
1224 Strong Avenue
Stevens Point, WI 54481
(715) 344-5999
Provides heat assistance for income-eligible people.

Focus on Energy
(800) 762-7077
www.focusonenergy.com

Forward Service Corporation
Emergency Assistance Program
1100 Centerpoint Dr.
Stevens Point, WI 54481
(715) 544-1561
Low income families with a child, who have an impending energy crisis, fire, flood or natural disaster, may apply for assistance to pay past due utility bills.

Public Service
Commission of Wisconsin
610 N Whitney Way
Madison, WI 53705
(608) 266-5481
pscrecordsmail@wisconsin.gov
www.psc.wi.gov

Wisconsin Public Service (WPS)
1700 Sherman St.
Wausau, WI 54401
(715) 450-7260
customerservice@wispoinpublicservice.com
www.wisconsinpublicservice.com

ENVIRONMENT

Water and Environmental Analysis Laboratory (WEAL)
Bill DeVita
Center for Watershed Science and Education of Wisconsin Stevens Point
(715) 346-3753
water.and.environmental.analysis.lab@uwsp.edu
www.uwsp.edu/dnr-ap/weal
Provides comprehensive water testing for private well owners. DNR-certified lab tests surface and ground water.

FAMILY SERVICES

Aging and Disability Resource Center of Portage County
Lincoln Center
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525

Family Crisis Center
See “Domestic Abuse/Crisis Intervention”

CAP Services, Inc.
Hmong & Spanish Interpreters
1608 W. River Dr.
Stevens Point, WI 54481
(715) 343-7100
(866) 920-2525 or (715) 343-7121

Hmong American Association of Portage County
3273 Church St Suite 4
Stevens Point, WI 54481
(715) 341-3703
Provides services to assist the Hmong community in Portage County.

Hmong Family Strengthening (HFS) Program
1608 W. River Dr.
Stevens Point, WI 54481
(715) 498-1663 or (715) 343-7121
(715) 343-7100
www.capservices.org
Culturally sensitive domestic abuse services specific to Hmong victims.

IM Central Consortium
Serving: Langlade, Marathon, Oneida and Portage Counties
(608) 266-1865
Provides enrollment and case management services for: FoodShare, Medicaid, BadgerCare Plus, Family Planning Only Services, Caretaker Supplement, and Long Term Care.

ECONOMIC SUPPORT SERVICES

CAP Services, Inc.
Work-n-Wheels Program
2900 Hoover Road
Stevens Point, WI 54481
(715) 343-7110
www.capservices.org
Auto loan program for employed income eligible individuals who need to purchase a safe and dependable vehicle.

Economic Support Services
Portage County Health and Human Services
Ruth Gilfry Center
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350

Financial Wellness of Portage County
1462 Strong Ave.
Stevens Point, WI 54481
(715) 346-1316
Toll Free: (866) 920-2525, Ext 1316
Sherry.daniels@ces.uwex.edu
Volunteer coaches help determine family income/expenses, develop a spending plan, and address credit use and debt problems.

Forward Service Corporation
See "Energy/Utility Assistance"

Midstate Independent Living Center (MILC)
See "Disability Resources"

National Family Caregiver Support Program
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

Portage County Farm Service Agency
4949 Kirschling Ct. Suite 1
Stevens Point, WI 54481
(715) 346-1313 Ext. 2
jake.bourget@wi.usda.gov
www.fsa.usda.gov
Farm loans (financial needs relating to farm operations, new farm ownership or hardships due to natural disaster), conservation programs, commodity support programs set forth by congressional farm bills and laws.

FINANCIAL SERVICES: SOCIAL SECURITY
Social Security Administration
2213 8th St. South
Wisconsin Rapids, WI 54494
(855) 686-1465
National Toll-Free (800) 772-1213
TTY 1-800-325-0778
www.socialsecurity.gov

Social Security Disability Insurance (SSDI)
Social Security Administration
2213 Eighth St. South
Wisconsin Rapids, WI 54494
(855) 686-1465
National Toll-Free (800) 772-1213
www.ssa.gov
Provides monthly case benefits to disabled workers and their families as well as survivor’s benefits to the worker’s dependents.

FINANCIAL SERVICES: TAX ASSISTANCE
AARP - American Association of Retired Persons
1519 Water St.
Stevens Point, WI 54481
(715) 848-2255
(800) 922-5590
www.aarp.org
Provides volunteer tax preparation assistance for federal, state and Homestead tax returns. Serves a target population of those age 60 and older during tax season.

CAP Services, Inc. Volunteer Income Tax Assistance (VITA)
Call United Way's 2-1-1 between 8 am – 5 pm Monday-Friday

Homestead Tax Credit Assistance Benefit Specialist Program
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

FOOD ASSISTANCE
Evergreen Community Initiatives
Place of Peace
First Baptist Church
1948 Church St.
Stevens Point, WI 54481
(715) 486-0164
placeofpeacesp@gmail.com
Meal is served each Thursday at 5 pm, there is a food pantry open 4-5 pm and a children's clothing pantry open 2-5 pm.

FoodShare (formerly Food Stamps) Central Consortium
(888) 445-1621 (Income Maintenance Call Center)
Screening and Application also online at: www.access.wisconsin.gov
Provides a debit card for eligible applicants to use in most grocery stores to purchase food.

Home Delivered Meals
Aging and Disability Resource Center (ADRC)
The ADRC Nutrition Program delivers hot, well-balanced meals to homebound seniors throughout Portage County to help one stay independent in their home. All adults age 60+ are welcome to eat on a donation basis. To learn more call: ADRC at 715-346-1401 and ask about Home Delivered Meals.

Interfaith Food Pantry of Portage County
2810 Post Rd.
Plover, WI 54467
(715) 347-2689
The pantry is open the 2nd and 4th Tuesdays of the month from 6:00 - 8:00 p.m. If there is an emergency food need please call at any time.
Liquid Nutrition Supplements(s)
Aging and Disability Resource Center (ADRC)
The ADRC Nutrition program has Nutritional Supplements available to individuals who may have a poor appetite, are recovering from surgery, need to gain weight or simply are not able to eat a diet adequate in nutrition. Nutritional supplements, like Ensure®, are available through the ADRC Nutrition Program. Call 715-346-1401 for more information if you would like to learn more about this program.

My Meal, My Way, The Cottage Restaurant, Plover
Sponsored By the ADRC
This program helps promote health and independence, balanced nutrition and social interaction while reducing hunger and food insecurity. No reservation needed.
All adults age 60+ are welcome to eat on a donation basis.
To learn more call: ADRC at 715-346-1401 and ask about My Meal, My Way.

Meals on Wheels
41 Park Ridge Dr. Suite B
Stevens Point, WI 54481
(715) 341-0081
meals.sp@gmail.com
The Meals on Wheels Program delivers hot, diet specific, mid-day meals to the home bound, elderly and disabled in the Stevens Point area.

New Hope Community Church Food Pantry
117 W. 2nd St.
Junction City, WI 54443
(715) 457-3051
www.newhopecommchurch.org
Open the 2nd and 4th Sunday of every month from 12:00 - 1:00 pm.

Portage County Mobile Pantry
440 Old Wausau Road
Stevens Point, WI 54481
(715) 341-9922
agy-joe@charter.net
Mobile Pantry delivers supplemental food for: the elderly, persons with disabilities, families with children, who live in the rural and outlying areas of Portage County, have limited incomes, and have unreliable transportation.

Rosholt Food Pantry
247 Depot St.
Rosholt WI, 54473
(715) 570-3045
rosholtfoodpantry@gmail.com

Salvation Army-Hope Center/ Food Pantry
1600 Briggs St.
Stevens Point, WI 54481
(715) 341-2437

Senior Dining Locations
Aging and Disability Resource Center (ADRC)
The ADRC Nutrition program offers lunch at various locations in Portage County. More than a meal, Senior Dining helps promote health and independence, balanced nutrition and social interaction while reducing hunger and food insecurity. Reservation for meals are required.
All adults age 60+ are welcome to eat on a donation basis.
To learn more call: ADRC at 715-346-1401 and ask about the various dining locations.

SNAP-Ed Fit Families Program
Portage County Health & Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350
Fit Families Supplemental Nutrition Assistance Program-Education (SNAP-Ed) is a program targeting primarily families of 2-4 year old children enrolled in Women, Infants and Children Program (WIC).

St. Paul’s Food Pantry
1919 Wyatt Ave.
Stevens Point, WI 54481
(715) 344-5664

St. Vinnie’s Food Pantry
2124 Rice St.
Stevens Point, WI 54481
(715) 344-7395
stvincentplover@gmail.com
www.svdpplover.com

UW-Stevens Point Cupboard
1015 Reserve St. DUC 061
Stevens Point, WI 54481
(715) 346-2174
sieococ@uwsp.edu
www.uwsp.edu/centers/sieo
For current UWSP students: Distributes Monday 1:30-4:30pm, Tuesday 1:30-4:30pm, and Wednesday 1:30-4:30pm. Students may also fill out an online request form from the website and pick up a pre-packed bag of items Monday-Friday, 8:00am-4:30pm.

WIC Program (Women, Infants and Children Nutrition Program)
Portage County Health and Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5744
Provides food and nutrition information to help keep pregnant and breastfeeding women, infants and children under five years of age healthy and strong.

FOOD ASSISTANCE: GROCERY SHOPPING/ DELIVERY
*Contact your local grocer to ask about their options for grocery delivery, shopping assistance, senior discount, and motorized carts or wheelchairs.
*Transportation to area grocers is available. Some transportation providers may also be available to make deliveries.

Amherst Family Foods
(Assistance/Delivery)
113 Christy St. Amherst, WI 54406
(715) 824-5533
Copps (Assistance)
1500 Pinecrest Ave.
Stevens Point, WI 54481
(715) 343-1395

Copps (Pharmacy Delivery)
1850 Plover Rd.
Plover, WI 54467
(715) 342-0011

Trigs (Assistance/Delivery)
1600 Academy Ave.
Stevens Point, WI 54481
(715) 341-0200

FUNERAL PLANNING
Boston Funeral Home
1649 Briggs St.
Stevens Point, WI 54481
(715) 344-4223

Haertel Monuments
5381 US Highway 10 E
Stevens Point, WI 54481
(715) 344-8571

Pisarski Community Funeral
703 2nd St.
Stevens Point, WI 54481
(715) 344-4565

Community Funeral and Cremation Center
2911 Post Rd. P.O. Box 193
Plover, WI 54467
(715) 344-7454

Plover Funeral Home
2400 Plover Road
(715) 344-2023

Shuda Funeral Chapels
3200 Stanley St.
Stevens Point, WI 54481
(715) 344-2113

GAMBLING SERVICES
Ascension at St. Michael’s Behavioral Health – Outpatient Clinic
209 N Prentice St.
Stevens Point, WI 54481
(715) 344-4611

Greater Stevens Point Gamblers Anonymous
St. Paul’s United Methodist Church
600 Wilshire Blvd.
Stevens Point, WI 54481
Thomas Coke Room
(715) 572-7713
prodguy54@yahoo.com
www.gamblersanonymous.org

Wisconsin Council on Problem Gamblers
(800) 426-2535
www.wi-problemgamblers.org

GIFTS
Holly Shoppe
1519 Water St.
Stevens Point, WI 54481
(715) 343-1442

GRANDPARENT RESOURCES
Grandparent Resources
Web Address
www.uwex.edu/ces/gpreg/gpreg.html

Kinship Care Program
Portage County Health and Human Services
Ruth Gilfry Center
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350

Portage County – University of Wisconsin Extension
Courthouse Annex Building
1462 Strongs Ave.
Stevens Point, WI 54481-2947
(715) 346-1318
www.uwex.edu/relationships

HEALTH SERVICES
Aging & Disability Resource Center of Portage County
Lincoln Center
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(800) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Ascension St. Michael’s Hospital
900 Illinois Ave.,
Stevens Point, WI 54481
(715) 346-5000
www.ascensionhealth.org

American Cancer Society
903 South 17th Ave. Suite B
Wausau, WI 54401
(715) 848-2881
Cancer helpline: (800) 227-2345
www.cancer.org
American Red Cross - North Central Wisconsin
1602 Second St.
Wausau, WI 54403
(877) 618-6628
www.redcrossncwi.com

American Red Cross - North Central Chapter American Red Cross Blood Center
3201 Main St.
Stevens Point, WI 54481
(800) 733-2767
(800) 571-6160
Draws and processes blood from donors who are in good health, and schedules blood drives.

Brain Injury Alliance of Wisconsin
6409 Odana Road
Madison, WI 53719
(262) 790-9660
(800) 882-9282
admin@biaw.org
www.biaw.org

Breastfeeding Basics
Ascension Saint Michael’s Hospital
900 Illinois Ave.
Stevens Point, WI 54481
(715) 341-9111
www.ascensionhealth.org

Breastfeeding Peer Support
See “Support Groups”

Epilepsy Foundation
Heart of Wisconsin
41 Park Ridge Dr. Suite C
Stevens Point, WI 54481
(715) 341-5811
(800) 693-2287
cne@epilepsywisconsin.org
www.epilepsywisconsin.org

Family Health/La Clinica
400 S Townline Rd.
Wautoma, WI 54982-6922
(920) 787-5514
(800) 942-5330
ted@famhealth.com
www.famhealth.com
Comprehensive Community and Migrant Health Center that provides bilingual (English/Spanish) medical and dental care for underserved people in Portage County at its Wautoma location.

Family Planning Health Services
200 Division St. Suite K
Stevens Point, WI 54481
(715) 345-2929
info@fphs.org
www.fphs.org
Offers affordable, confidential, accessible, quality reproductive health care.

First Choice Pregnancy Resource Center
101 N Division St.
Stevens Point, WI 54481
(715) 345-0280
firstchoice@firstchioceprc.org
www.firstchioceprc.org
Provides free & confidential pregnancy resources for women, men, and teens experiencing an unplanned pregnancy

Health Enhancement Center – Strength Center
University of Wisconsin – Stevens Point
(715) 346-4165
strengthandfitnesscenter@uwsp.edu
www.uwsp.edu

Health Insurance Marketplace
Ascension Saint Michael’s Hospital
122 Wilshire Blvd. N
Stevens Point, WI 54481
(715) 341-7441
www.ascensionhealth.org
Provides information and assistance to individuals, families, and small business owners to learn how to navigate the Health Insurance Marketplace.

Healthy People Portage County
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5745
pchs@co.portage.wi.us
www.healthypeopleportagecounty.org

Medical Assistance Mileage Reimbursement MTM
16 Hawk Ridge Dr.
Lake Saint Louis, MO 63367
(636) 561-5686
(888) 561-8747
www.mtm-inc.net

If you are covered under Wisconsin Medicaid or BadgerCare, you can request reimbursement for travel and certain other expenses related to your access to appropriate medical care and treatment.

Opportunity Inc.
740 North Third St.
Wausau, WI 54403
(715) 842-8700
(800) 472-4408
www.balancinglives.org

Prenatal Care Coordination Program
Portage County Health and Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350
baehrm@co.portage.wi.us
Public Health Nurses help pregnant women access needed services, provide pregnancy health education and provide case management for high risk pregnancies.

Portage County Health and Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350
Community Health Services help to protect the health of Portage County residents by controlling the factors which can influence the spread of disease and by educating the community about ways to protect and improve individual health.

Smongeski Fund
c/o City Clerk’s Office County/City Building
1515 Strongs Ave.
Stevens Point, WI 54481
(715) 346-1522
Provides assistance with vitamins, toothbrushes, tooth sealants, and eyeglasses for children who reside within the city limits of Stevens Point.

Wisconsin Lions Foundation
3834 County Rd. A
Rosholt, WI 54473
(715) 677-4969
wlf@wlf.info
www.wlf.info
Provides best practice diabetes information and education to healthcare professionals and individuals with diabetes.

**Wisconsin Poison Center**  
P.O. Box 1997 Suite C660  
Milwaukee, WI 53201-1997  
(800) 222-1222  
(414) 266-2630  
www.wisconsinpoison.org

**Wisconsin Well Woman Program**  
Portage County Health and Human Services  
817 Whiting Ave.  
Stevens Point, WI 54481  
(715) 345-5776  
groshekk@co.portage.wi.us  
www.co.portage.wi.us  
The program improves the health of Wisconsin women by providing screening, referral, and follow-up for breast cancer and cervical cancer.

**HEALTH SERVICES:**  
**ADAPTIVE AIDS/MEDICAL EQUIPMENT**  
See “Adaptive Aids/Medical Equipment”

**HEALTH SERVICES:**  
**DENTISTRY (LOW-MODERATE INCOME)**  
See “Dentistry (Low-Moderate Income)”

**HEALTH SERVICES:**  
**HEARING SERVICES**  
See “Hearing Services”

**HEALTH SERVICES:**  
**MEMORY LOSS**  
See “Memory Loss”

**HEALTH SERVICES:**  
**MENTAL HEALTH**  
See “Mental Health”

**HEALTH SERVICES:**  
**NAIL CARE/PEDORTHICS**  
See “Nail Care/Pedorthics”

**HEALTH SERVICES:**  
**PHARMACIES**  
See “Pharmacies”

**HEALTH SERVICES:**  
**PRESCRIPTION DRUG PROGRAM**

**HEALTH SERVICES:**  
**SPEECH & LANGUAGE RESOURCES**  
See “Speech & Language Resources”

**HEALTH SERVICES:**  
**VISION SERVICES/RESOURCES**  
See “Vision Services/Resources”

**HEARING SERVICES**

Better Hearing Institute Helpline  
(800) 327-9355  
mail@betterhearing.org  
www.betterhearing.org

Hear Now  
6700 Washington Ave. S.  
Eden Prairie, MN 55344  
(800) 328-8602  
hearnow@starkeyfoundation.org  
www.starkeyhearingfoundation.org  
Provides free hearing aids to income-eligible people

Miracle Ear  
2417 Post Rd.  
Stevens Point, WI 54481  
(715) 869-6053  
www.miracle-ear-stevenspoint.com

National Hearing Aid Society  
(800) 521-5247

School of Communications Sciences and Disorders  
See (Speech & Language Resources)

Wisconsin Lions Foundation  
3834 County Road A  
Rosholt, WI 54473  
(715) 677-4969  
wlf@wlf.info  
www.wlf.info

**HOME HEALTH CARE/ SUPPORTIVE HOME CARE**

Advantage Home Care  
(Supportive Home Care)  
1400 24th St. South  
Wisconsin Rapids, WI 54494  
(715) 712-3400

Ascension at Home  
Home Health Services  
1840 Post Road, Suite 5  
Plover, WI 54467  
(800) 397-0270  
www.ascensionathome.com

Ascension Health at Home  
Home Infusion Services  
1927 N. Central Ave. Suite B  
Marshfield, WI 54449  
(800) 648-8055  
www.ascensionathome.com

Ascension at Home  
Supportive Care Services  
1840 Post Road, Suite 5  
Plover, WI 54467  
(844) 601-3899  
ascensionathome.com

Aspirus Home Health (Home Health/Supportive Home Care)  
2957 Church St.  
Stevens Point, WI 54481  
(715) 345-1447  
(715) 847-2600  
(800) 600-8296  
www.aspirus.org/ourservices

Aurora Community Health (Home Health/Supportive Home Care)  
406 Technology Dr. East  
Menomonie, WI 54751  
(715) 235-1839  
(888) 301-5897  
www.auroraservices.com

Cooperative Care (Supportive Home Care)  
402 E. Main St.  
P.O. Box 620  
Wautoma, WI 54982  
(920) 787-1886

Down Home Nursing, LLC (Home Heath)  
7948 County Rd. A  
Almond, WI 54909  
(715) 366-8277
Good People LLC (Live-in caregivers & companions)
2409 White Oak Trail
Oregon WI 53575
608-609-1620
martin@goodpeople.us
Madison, WI 53718
Madison Office: (608) 223-0073
Milwaukee Office: (414) 289-8373
(800) 608-8003
www.goodpeople.us

Interim Health Care
(Home Health Care / Supportive Home Care)
2510 N 17th Ave., Suite A
Wausau, WI 54401
(715) 842-7707

Ascension Living Well
1840 Post Road, Suite 5
Plover, WI 54467
844.601.3899
www.ascensionathome.com

Our specially trained staff can work in your home up to 24 hours a day assisting with activities of daily living, personal cares, medication and disease management oversight. Nursing services include medication management, coagulation checks and lab draws.

Right at Home
500 3rd Street, Suite 210
Wausau, WI 54403
(715) 870-2461
valerie@HomeCareCentralWI.com
www.HomeCareCentralWI.com

Synergy Home Care of Central Wisconsin
204 S. Main Street
Waupaca, WI 54981
(715) 942-8100
dianebaker@synergyhomecare.com

HOSPICE CARE
Ascension at Home
Hospice Services
1840 Post Road
Plover, WI 54467
(715) 204-3440
www.ascensionathome.com

Asera Care Hospice-Wausau
4107 Barbican Avenue, Suite 220
Weston, WI 54476
715-355-4797
www.AseraCare.com

Aspirus Comfort Care and Hospice Services
5409 Vern Holmes Dr.
Stevens Point, WI 54482
(715) 344-1600
(866) 331-2467
www.aspirus.org

SYNERGY HomeCare
The Most Trusted Name in Home Care

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- Homemaking
- Companionship
- Meal Preparation
- Medication Reminders
- Errands / Appointments

Call for your FREE CARE Assessment
(715) 942-8100
www.synergyhomecare.com

Your Home Transition Company
Planning Services:
Free in Home Consultations
Written Plan for Relocation or Rightsizing

Moving Services:
Packing & Resettling & Point of Contact for Services

Asset Management:
Liquidate • Donate • Distribute
Age-In-Place Space planning & Service Referrals

Annette S. Krautkramer, Owner/President
4309 Creek Road, Marathon, WI 54448
Office: (715) 443-3501
akrautkramer@caringtransitions.net

www.CaringTransitionsCentralWI.com
HOSPITALS/MEDICAL FACILITIES

Ascension Medical Group
272 Christy St.
Amherst, WI 54406
(715) 824-5151
3500 Hoover Rd.
Stevens Point, WI 54481
(715) 446-4103
3301 Stanley St.
Stevens Point, WI 54481
(715) 341-7332
(800) 201-8222
3398 E. Maria Dr.
Stevens Point, WI 54481
(715) 341-7441
2401 Plover Road
Plover, WI 54467
(715) 295-3800

Ascension Saint Michael’s Hospital
900 Illinois Ave.
Stevens Point, WI 54481
(715) 346-5000
(800) 472-9449
www.ascensionhealth.org

Aspirus Stevens Point Clinic
5409 Vern Holmes Dr.
Stevens Point, WI 54482
(715) 344-1600
www.aspirus.org

Family Health Medical & Dental Center
400 S. Townline Rd.
Wauneta, WI 54982
(920) 787-5514
(800) 942-5330

Marshfield Clinic
4100 State Highway 66
Stevens Point, WI 54482
(715) 343-7700

HOUSING: ASSISTANCE

CAP Services, Inc. Home Buyers Assistance Program
1725 West River Dr.
Stevens Point, WI 54481
(715) 340-9391
nthiede@capmail.org
www.capservices.org
The program assists low income people in purchasing a house. Funds are limited and available on a first-come, first served basis.

Central Wisconsin Habitat for Humanity
1224 Strong Ave.
Stevens Point, WI 5448
(715) 345-2726
tom01@centralwisconsinhabitat.org
www.Centralwisconsinhabitat.org
Using donated money, labor and materials, houses are built and sold at no profit and no interest to families with significant housing needs.

Community Development Block Grant Program
717 East State Street
Mauston, WI 53948
(608) 847-7309
juncoha@frontier.com
This program is used for expansion of affordable housing stock for low and moderate income persons. Serving Adams, Green Lake, Juneau, Marathon, Marquette, Portage, Waupaca, Waushara and Wood counties.

Emergency Services-Housing
1004 First St. Suite 1
Stevens Point, WI 54481
(715) 344-7438

Family Crisis Center
1816 W. River Dr.
Stevens Point, WI 54481
(715) 343-7125
(800) 472-3377
Temporary shelter for those affected by domestic abuse, and their children.

Forward Service Corporation Emergency Assistance Program
1100 Centerpoint Dr.
Stevens Point, WI 54481
(715) 544-1562
Low income families with a child, who have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Housing Network Project
Energy Services of Portage County
1308 Main St.
Stevens Point, WI 54481
(715) 344-7438
The Housing Network Project offers eligible individual/family loans, emergency grants and/or rental subsidy assistance in order to stabilize a short-term housing crisis.

Making Home Affordable Website
www.makinghomeaffordable.gov
Information about federal programs to help avoid foreclosure.

Housing Authority of Portage County
1100 Centerpoint Dr., Suite 201B
Stevens Point, WI 54481
(715) 346-1392
TTY: (715) 344-2140
Housing Authority of Portage County has income based rental housing in the rural communities of Almond, Amherst, Junction City, Milladore and Rosholt.

RENTAL COMPLAINTS/CONSUMER COMPLAINTS

Wisconsin Department of Agriculture, Trade, and Consumer Protection - Bureau of Consumer Protection
(800) 422-7128
datcp hotline@wi.gov
www.datcp.wi.gov/Consumer

Stevens Point Housing Authority
1300 Briggs Ct.
Stevens Point, WI 54481
(715) 341-3444 ext. 1
lgrube@spha-wi.org
www.stevenspoint.com/housing
Offers Public Housing within the city limits of Stevens Point.

HOUSING: ASSISTED LIVING SERVICES

Community-based residential facility-CBRF means a place where 5 or more unrelated adults reside in which care, treatment or services above the level of room and board but not including nursing care are provided to persons
residing in the facility as a primary function of the facility. Residential care apartment complex-RCAC means a place where 5 or more adults reside that consists of independent apartments, each of which has:
• an individual lockable entrance and exit
• a kitchen, including a stove
• individual bathroom, sleeping and living areas
and that provides, to a person who resides in the place, not more than 28 hours per week of services that are supportive, personal and nursing services.
Adapt Family Home is a group adult family home for 4 adults with advanced age, developmental disabilities, emotional disturbances or mental illnesses, physical disabilities, or traumatic brain injury.

ADULT FAMILY HOMES

Ambrosius House
Adult Family Home
1905 Locust St.
Stevens Point, WI 54481
(715) 341-1009
tonna_house@yahoo.com

Divine Mercy Adult Family Home
6826 Hwy 66
Custer, WI 54423
(715) 592-5056

Elite Adult Family Homes of Stevens Point LLC
Specializing in Traumatic Brain Injuries
114-116 Mill Road Court
Stevens Point, WI 54481
(715) 544-1616
Elite.adultfamilyhomes@gmail.com

Firkus AFA
3010 Evergreen Drive
Plover, WI 54467
(715) 342-1976

Our Place
2420 Crescent Ct.
Plover, WI 54467
(715) 344-5036
tomkowiak@charter.net

Tender Loving Care
Adult Family Home
8546 County Road B
Amherst, WI 54406
(715) 204-2509

ASSISTED LIVING

Brookdale Senior Living
5625 Sandpiper Dr.
Stevens Point, WI 54482
(715) 343-7376
kelly.opiola@brookdale.com
www.brookdale.com

Care Partners Stevens Point
3349 Whiting Ave.
Stevens Point, WI 54481
(715) 341-1556
www.carepartners-countryterrace.com

Evergreen Manor II
3430 Larry Ct
Plover, WI 54467
(715) 295-0529

Generations CBRF
3120 Rosalie Pkwy.
Plover, WI 54467
(715) 544-6046

Harmony of Stevens Point CBRF
1800 Bluebell Ln.
Stevens Point, WI 54481
(715) 344-7902

Harmony Commons RCAC
1801 Lilac Ln.
Stevens Point, WI 54481
(715) 343-9530

Home with Friends CBRF
1592 Okray Ave.
Plover, WI 54467
(715) 252-4244
homewithfriends@yahoo.com

Lodge at Whispering Pines RCAC
3450 Bridlewood Dr.
Plover, WI 54467
(715) 342-9100

Maple Ridge of Plover
2831 Maple Dr.
Plover, WI 54467
(715) 341-0909
www.tanglewoodassistedliving.org

Maple Ridge of Plover-Memory Care
2841 Maple Dr.
Plover, WI 54467
(715) 498-4949
www.tanglewoodassistedliving.org

North Crest Assisted Living
2225 Eagle Summit
Stevens Point, WI 54482
(715) 347-6321
www.copperleafcare.com

North Crest Assisted Living & Memory Care
2301 Eagle Summit
Stevens Point, WI 54482
(715) 343-8820
www.copperleafcare.com

North Ridge Assisted Living & Memory Care
2201 Eagle Summit
Stevens Point, WI 54482
(715) 343-8825
www.copperleafcare.com

Point Manor
1800 Sherman Ave.
Stevens Point, WI 54481
(715) 344-0207
**Atrium Senior Living of Stevens Point at Point Manor

Riverview Lodge
1800B Sherman Ave.
Stevens Point, WI 54481
(715) 345-3500
(920) 996-6854
**Atrium Senior Living of Stevens Point at Riverview Lodge

Sylvan Crossings of Stevens Point
100 North Green Ave.
Stevens Point, WI 54481
(715) 345-2304
stevenspoint@sylvancrossings.com
www.sylvancrossings.com

Wellington Place of Whiting
1902 Post Rd.
Stevens Point, WI 54481
(715) 344-9669
Amber.Haferman@carriagehealthcare.com
www.wellingtonplacewhiting.org
Willow Brooke Point CBRF
1800 Bluebell Lane
Stevens Point, WI  54481
(715) 344-7902
RCAC
1801 Lilac Lane
Stevens Point, WI  54481
(715) 343-9530

HOUSING: EMERGENCY SHELTER

Family Crisis Center
1616 W. River Dr.
Stevens Point, WI  54481
(715) 343-7125
(800) 472-3377
Temporary shelter for those affected by domestic abuse.

Salvation Army Hope Center
Emergency Shelter
1600 Briggs St.
Stevens Point, WI  54481
(715) 341-2437

HOUSING: HOME REPAIRS, WEATHERIZATION, AND MODIFICATIONS

CAP Services, Inc.
Housing Repair Program
1725 West River Dr.
Stevens Point, WI  54481
(715) 343-7142 or (715)343-7146
maubut@capmail.org
Low interest, deferred payment loans are available for housing rehabilitation. Weatherization Program
1725 West River Dr.
Stevens Point, WI  54481
(715) 343-7145
djohnson@capmail.co
Homeowners or renters must qualify for and receive Energy Assistance. Priority for weatherization is determined by the state.

Diamond Home & Habitat, LLC
Brian Diamond
Plover, WI  54467
(920) 740-3666
diamondcrx@yahoo.com

USDA Rural Development
Home Repair Loan and Grant Program
5417 Clem's Way
Stevens Point, WI  54481
(715) 345-7600
sfhapplications@wi.usda.gov

www.rurdev.usda.gov/wi
Low-interest home improvement loans and grants for very low income individuals who live in rural Wisconsin to upgrade roofs, furnaces, or other weatherization systems.

Volunteer Senior Home Repair Program
Volunteer Caregivers of Portage County
1519 Water St.
Stevens Point, WI  54481
(715) 342-4084
volunteercaregivers@co.portage.wi.us

HOUSING: LOW-INCOME

CAP Services, Inc.
Rental Housing
5499 Highway 10 East
Stevens Point, WI  54482
(877) 377-1434
rentals@capmail.org
www.capservices.org

Fireside Apartments Inc.
(Serving the Elderly)
1600 Sherman Ave.
Stevens Point, WI  54481
(715) 341-8339

John Slaby Villa Impact Seven
449 Frederick St. North
Stevens Point, WI  54481
(715) 357-3334

Maywood Apartments
(Serving the Elderly)
2601 Madison Ave.
Plover, WI  54467
(715) 341-7616
(800) 362-2550

River Cove Apartments
2601 Indiana Ave.
Stevens Point, WI  54481
(715) 344-7524

Sunset Terrace Apartments
3133 Rosalie Pkwy.
Plover, WI  54467
(715) 341-9464

Woodside Village Apartments
232 Prentice St. North
Stevens Point, WI  54481
(715) 342-5532

HOUSING: SENIOR AND ACCESSIBLE HOUSING

Brookdale Senior Living Community
5625 Sandpiper St.
Stevens Point, WI  54482
(715) 343-7376

Craftsman Village
3218 Village Ln.
Plover, WI  54467
(715) 340-0101

John Slaby Villa
(Impact Seven, Inc.)
449 Frederick St., North
Stevens Point, WI  54481
(715) 357-3334
(800) 685-9353

Mission Village
3446 Mission Ln.
Plover, WI  54467
(715) 254-5365

Pine Crest Apartments
2956 Hickory Dr.
Plover, WI  54467
(715) 344-7434

Pioneer Point
1020 First St.
Stevens Point, WI  54481
(715) 345-2660

Stevens Point Disabled Housing
(Impact Seven, Inc.)
449 Frederick St. North
Stevens Point, WI  54481
(800) 685-9353

Whitetail Run
1590 Okray Ave.
Plover, WI  54467
(715) 342-3748

Wisconsin Front Door Housing
On-line tool to research available housing that is accessible:
www.wifrontdoorhousing.org

Wyndmere Estates
216 Prentice St. North
Stevens Point, WI  54481
(715) 344-4917

www.wifrontdoorhousing.org
LEGAL SERVICES

CAP Services, Inc. Portage County Legal Aid Society
1608 West River Dr.
Stevens Point, WI 54481
(715) 343-7100
www.capservices.org
Free legal services for income eligible individuals in Portage County. Non-criminal or non-traffic cases only. Potential clients must complete an application and be screened before case is accepted.

Justiceworks, Ltd.
1578 Strong Ave. Suite D
Stevens Point, WI 54481
(715) 345-3677
info@justiceworksltd.org
www.justiceworksltd.org
A volunteer network of Portage County residents coordinates services that help secure right relationships between victims, offenders, and their communities.

Family Law Information Center
1516 Church St.
Stevens Point, WI
(715) 344-3877
Hours: Monday-Friday 12pm-1pm Drop-ins or by appointment.

Public Defenders Office
1025 Clark St.
Stevens Point, WI 54481
(715) 345-5382
stevensptclericals@opd.wi.gov
www.wispd.org
Provides legal defense services to clients found indigent for criminal, juvenile, and involuntary civil commitment proceedings only.

State Bar of Wisconsin
5302 Eastpark Blvd.
Madison, WI 53718
(608) 257-3838
(800) 728-7788
service@wisbar.org
www.wisbar.org

Wisconsin Department of Workforce Development - Equal Rights Division
201 E Washington Ave. #407
Madison, WI 53703
(608) 266-6860
www.dwd.wisconsin.gov
Administers Wisconsin’s Fair Employment Law.

Wisconsin Judicare
Outreach Partner Agency CAP Services
1608 W River Dr.
Stevens Point, WI 54481
(715) 345-5208
info@judicare.org
www.judicare.org
Judicare provides free legal advice and representation on civil matters only to low income people.

ATTENTION SENIORS!

Get your 10% discount or Use your AARP card to get a FREE DONUT with purchase of a large or extra large coffee
We also honor our military as well as EMT, firefighters, and police officers with a 10% discount

3005 Village Park Drive - Plover
(715) 544-0515

ACTIVITIES FOR A HAPPY, HEALTHY LIFESTYLE

CIRCUIT TRAINING
WATER EXERCISE
Active Older Adults WALKING CLUB

Come find out what the Y is all about!

STEVENS POINT AREA YMCA
1000 Division Street, Stevens Point, WI 54481
715 342 2980 • www.spymca.org
LEGAL SERVICES: ELDER LAW ATTORNEYS

Anderson, O'Brien, Bertz, Skrenes & Golla LLP
1257 Main St. P.O. Box 228
Stevens Point, WI 54481
(715) 344-0890
www.andlaw.com

Buzzia, Dreier & Johnson, LLC
2925 Post Road (Landmark Building)
Stevens Point, WI 54481
(715) 997-9080
www.bdj.wislaw.com

Lauterbach Legal
106 McDill Avenue Suite 100
Stevens Point, WI 54481
(715) 544-8393
www.lauterbach-legal.com/

Noonan Law
2740 Stanley St. Suite B
Stevens Point, WI 54481
(888) 678-3919
www.noonanlaw.com

Villnow Law Firm
197 N. Main St.
Amherst, WI 54406
(715) 824-3311
www.villnowlaw.com

LIBRARIES

Portage County Public Libraries
Main Library
1001 Main Street
Stevens Point, WI 54481
715-346-1544

Lettie W. Jensen Public Library
278 N. Main St.
Amherst, WI 54406
715-824-5510

Almond Branch Library
122 Main Street
Almond, WI 54909
715-366-2151

Plover Branch Library
2151 Roosevelt Drive
Plover, WI 54467
715-341-4007

Rosholt Branch Library
137 N Main Street
Rosholt, WI 54473
715-677-4512

University of Wisconsin-Stevens Point
900 Reserve Street
Stevens Point, WI 54481
715-346-2540

LIFELINE/TELEPHONE REASSURANCE

Ascension at Home
Personal Emergency Response System
1840 Post Road, Suite 5
Plover, WI 54467
(844) 601-3899
ascensionathome.com

Main Street Messenger
Central Wisconsin Electric Cooperative
167 Main Street N., P.O. Box 100
Rosholt, WI 54473
(715) 677-2211
cwec@cwecoop.com

Ascension LifeDirect
1840 Post Road, Suite 5
Plover, WI 54467
844.601.3899
www.ascensionathome.com
Medical Alert and Management System provides peace of mind knowing 24/7 help is only a push of a button away.

Telecare (Telephone Reassurance)
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Memory Café
Aging and Disability Resource Center of Portage County
1519 Water Street
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc
Memory Cafés are social outings for those experiencing early stage dementia, mild memory loss, or cognitive impairment- accompanied by their care partner, family, or a friend.

MENTAL HEALTH

Ascension at Maria Drive Psychiatry
3398 East Maria Dr.
Stevens Point, WI 54481
(715) 341-7441
www.ascensionhealth.org/
AscensionHealth/Services/
BehavioralHealth/Locations/
AscensionMedicalGroupPsychiatry.nws

Ascension Behavioral Health-Outpatient Clinic
209 Prentice St. North
Stevens Point, WI 54481
(715) 344-4611
Michelle.nelson@ascensionhealth.org
*Sliding fee available
Provides behavioral health services in the areas of AODA, mental health, and marriage and family therapy.

**CAP Services, Inc.**
Mental Health Navigation Program
1608 West River Dr.
Stevens Point, WI 54481
(715) 343-7104
Contact: Trina Bierman
tbierman@capmail.org
www.capservices.org
Assist participants in establishing a connection with resources for both mental health services as well as other community resources that support mental health and well-being.

**NAMI (National Alliance on Mental Illness)**
(715) 254-1864
kay@namiportagewoodcounties.org
www.namiportagewoodcounties.org
Provides support, education, and advocacy for people with mental health conditions, as well as for friends and loved ones of those affected.

**New Life Therapy Center**
23 Park Ridge Dr.
Stevens Point, WI 54481
(715) 342-4180
newlife@wctc.net
www.newlifetherapy.com
*Sliding fee available

**Northwest Counseling and Guidance Clinic, Inc. (NWCGC)**
525 Fourth Avenue
Stevens Point, WI 54481
(715) 342-8065
nwjstevenspoint@nwgcg.com
www.nwgcg.com
Provides community based treatment options through comprehensive services to create family stability and individual success.

**Portage County Crisis Intervention Services**
Portage County
Health & Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350, then press 2
After hours emergency hotline: (866) 317-9362

Provides payment assistance for Portage County residents to obtain counseling, psychotherapy, or psychological evaluations from private agencies who participate in the program.

**ROCC Point**
2040 Jefferson St.
Stevens Point, WI 54481
(715) 344-4210 ext. 228
rdunahee@milc-inc.org
www.milc-inc.org
Recovery center that offers a place for adults with mental health disabilities to go during the week to get support, make connections with others, and participate in activities.

**NAIL CARE/PEDORThICS**

**Foot Care Clinic**
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525

**Happy Feet Shoes & Pedorthics**
54 Sunset Blvd.
Stevens Point, WI 54481
(715) 345-0184

**Nail Care Specialists**
Licensed Nail Technician
In-home nail care
1408 Kimball Ave.
Nekoosa, WI 54457
(715) 818-8224

**Shippy Shoe Store**
5474 Hwy. 10 East
Stevens Point, WI 54481
(715) 344-6993

**NURSING HOMES**

**Atrium Post-Acute Care of Stevens Point**
1800 Sherman Ave.
Stevens Point, WI 54481
(715) 344-1800

**Portage County Health Care Center**
825 Whiting Ave.
Stevens Point, WI 54481
(715) 346-1374

**PHARMACIES**

**Copps**
1500 Pinecrest Ave.
Stevens Point, WI 54481
(715) 344-1230
*Delivers to Hi-Rise and Edgewater Manor in Stevens Point on Thursdays.
Mail order service-no charge.

**Shopko**
1200 Main St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525

**Trig’s Pharmacy**
1600 Academy Ave.
Stevens Point, WI 54481
(715) 341-6102

**Walgreens**
10 Park Ridge Dr.
Stevens Point, WI 54481
(715) 345-7870

**Wal-Mart Pharmacy**
250 Crossroads Dr.
Plover, WI 54467
(715) 345-7870
Volunteer Caregivers of Portage County

Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

SPEECH & LANGUAGE RESOURCES

School of Communications Sciences and Disorders
University of Wisconsin – Stevens Point
1901 Fourth Ave.
Stevens Point, WI 54481
(715) 346-3667

Therapies +
(715) 423-5423

SUPPORT GROUPS

Al-Anon/Alateen
For information and meeting locations/times
24-hour Hotline: (888) 425-2666

Alcoholics Anonymous (AA)
For information and meeting locations/times
AA 24-hour Hotline:
(888) 292-6677

Alzheimer's Family Caregiver Support Group
See “Alzheimer's/Dementia Services”

Breastfeeding Peer Support
Portage County Health & Human Services
817 Whiting Ave.
Stevens Point, WI 54481
(715) 345-5350

Death of Partner (L.O.S.S.) Group
Ascension at Home
1840 Post Road, Suite 5
Plover, WI 54467
(800) 398-1297
ascensionathome.com

Diabetes Management Program
YMCA
1000 Division St.
Stevens Point, WI 54481
(715) 342-2980 Ext. 306
estarke@spymca.org
www.spymca.org/diabetes-prevention

Diabetes Prevention Program
YMCA
1000 Division St.
Stevens Point, WI 54481
(715) 342-2980
estarke@spymca.org
www.spymca.org/diabetes-prevention

Diabetes Support Group
Third Thursday of month 6:00 pm
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

Domestic Abuse Intervention Services
Family Crisis Center, CAP Services, Inc.
1616 W. River Dr.
Stevens Point, WI 54481
(715) 343-7125
www.capservices.org

Epilepsy Support Group
Epilepsy Foundation Heart of Wisconsin
Portage County Public Library
1001 Main Street
Stevens Point, WI 54481
(715) 341-5811
cne@epilepsywisconsin.org
www.epilepsywisconsin.org

Family Caregiver Support Group
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

RESpite Services

Aspirus VNA Home Health
2957 Church St.
Stevens Point, WI 54481
(715) 345-1447
(715) 847-2600 Main Intake
800-600-8296
www.aspirus.org/ourservices

Midstate Independent Living Center (MILC)
See “Representative Payee Services”
Gender & Sexuality Alliance
University of Wisconsin – Stevens Point
2100 Main St.
Stevens Point, WI 54481
(715) 346-0123
GSA@uwsp.edu

Gluten Free Stevens Point
glutenfreestevenspoint@gmail.com
www.glutenfreestevenspoint.weebly.com
Contact: Elaine Rubel
715-341-2204

Greater Stevens Point
Gamblers Anonymous
See “Gambling Services”

Grief Support Group
Ascension At Home
1840 Post Road, Suite 5
Plover, WI 54467
(800) 398-1297
3rd Tuesday, 4-530 pm.
ascensionathome.com

“Living with Cancer” Support Group
Marshfield Clinic Stevens Point Center
4100 State Hwy. 66, Conference Room 1
Stevens Point, WI 54482
First Tuesday of each month from
1 - 2:30 pm.
St. Michael’s Hospital – Cancer Center
Waiting Room
900 Illinois Avenue, Stevens Point, WI 54481
Third Monday of each month from
6 - 7:30 p.m.
(715) 343-3030
glodowski.ruth@marshfieldclinic.org
www.marshfieldclinic.org/specialties/cancer-care/support-groups/living-with-cancer-support-group

Mental Health Wellness Group
Ascension Medical Group
2501 Main St.
Stevens Point, WI 54481
(715) 346-5845

Mesothelioma Support Group
www.mesotheliomagroup.com/
caregivers

Multiple Sclerosis Support Group
200 Division Street
Stevens Point, WI 54481
(715) 572-5677
ljkrusseau@charter.net
Meets 1st Tuesday of every month, 8:00pm.

NAMI (National Alliance on Mental Illness) Portage-Wood Counties
See “Mental Health”

Parkinson’s Support Group
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 346-1401 (866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/department/adrc

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jared@wibenefitspecialists.com
www.wibenefitspecialists.com

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注意：如果您使用简体中文，您可以免费获得语言援助服务。请致电 1-855-814-8884 (TTY:711)。
Sexual Abuse
Victims Support Group
(Adult Female Survivors)
CAP Services’ Sexual Assault Victim Services (SAVS)
(715) 343-7179
www.capservices.org
jking@capmail.org

Survivors of Suicide
Support Group
St. Michael’s Hospital in the Chapel
5401 US Highway 10 E
Stevens Point, WI
1st Monday of every month
6:30-8:00 p.m.
Contact: Michele Nelson 715-346-5401
michelle.nelson@ascensionhealth.org
www.ascensionhealth.org

Us Too Prostate
Cancer Support Group
The Urology Clinic
500 Vincent St. Suite D
Stevens Point, WI 54481
(715) 295-9942
mradke@theurologyclinic.org

Visually Impaired Persons (VIP) Support Group
Aging & Disability Resource Center of Portage County
1519 Water St.
Stevens Point, WI 54481
(715) 345-1401
(866) 920-2525
adrc@co.portage.wi.us
www.co.portage.wi.us/adrc

Women for Sobriety
Ascension Behavioral Health
201 Prentice St.
Stevens Point, WI 54481
(715) 345-0711
michael.slavin@ascensionhealth.org
www.ascensionhealth.org
Meets in the basement of the behavioral center from 6:00-7:00 p.m.

TRANSPORTATION

Aging & Disability Resource Center of Portage County/
Stevens Point Transit
Transportation Program-Bus Service, Volunteer Escort Driver Program,
Subsidized Taxi
2700 Week St.
Stevens Point, WI 54481
(715) 341-4490
www.stevenspoint.com/transit
Provides rides for adults over 60 and individuals with disabilities for medical,
nutritional, or essential personal business purposes who have no other
means of transportation.

CAP Services, Inc.
Work-n-Wheels Program
1808 W. River Dr.
Stevens Point, WI 54481
(715) 343-7110
www.capservices.org
Auto loan program for employed, income eligible individuals who need
to purchase a safe and dependable vehicle.

Courtsey Cab
5622 Hwy. B
Stevens Point, WI 54482
(715) 342-8863

Courtsey Carriers
5622 Hwy. B
Stevens Point, WI 54482
(715) 341-5599

Disabled American
Veterans (DAV) Van
Stevens Point City Transit
2700 Week St.
Stevens Point, WI 54481
(608) 504-1313
wrdavcor17@yahoo.com
Transportation for Veterans to VA Medical facilities.
In A Fix
1224 Stronge Ave.
715-344-5999
In A Fix assists income eligible
residents with car repairs so they can
continue to work and prosper in the
community.

Plover Taxi
5822 County Trunk B
Stevens Point, WI 54481
(715) 342-1313
Shared ride taxi program servicing
any trips that end or originate in the
Village of Plover. Wheelchair accessible
vehicles are available (with 24 hour
notice).

Point Plus (paratransit)
2700 Week St.
Stevens Point, WI 54481
(715) 341-4490 or (715) 341-2000

Stevens Point Child
Safety Center, Inc.
52 Sunset Blvd.
Stevens Point, WI 54481
(715) 341-7328
wins487@sbcglobal.net
Car seat rentals for infant, toddler,
booster seats, and special needs at
minimal cost. Car seat installation
assistance and seat belt education and
other programs.

Stevens Point Transit
2700 Week St.
Stevens Point, WI 54481
(715) 341-4490
www.stevenspoint.com/transit
Serves the City of Stevens Point, the
community of Whiting, and Crossroads
Commons providing Fixed Route and
Point Plus Service.

Volunteer Caregivers
of Portage County
See "Chore Services"
<table>
<thead>
<tr>
<th><strong>Toll-free Helplines/Hotlines</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Hearing:................................................. (800) 327-9355</td>
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<tr>
<td>Hearing Aid Hotline:.................. (800) 521-5247</td>
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<tr>
<td>Hearing Impaired (TTY):............. (800) 578-7189</td>
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<tr>
<td>Heat for Heros:................................. (800) 891-9276</td>
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<tr>
<td>Homes for Heroes Foundation:....... (866) 443-7637</td>
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<tr>
<td>Home Health Hotline:.................. (800) 642-6552</td>
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<tr>
<td>Homeowner’s HOPE™ Hotline:....... 888-995-4673</td>
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<td>Hospice Foundation of America:.... (800) 854-3402</td>
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<td>Hospice Link:................................. (877) 325-4032</td>
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<td>Independent Living Consultants - Midstate: (800) 382-8484</td>
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<td>Inspector General - Department of Agriculture: (800) 424-9121</td>
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<td>Insurance Complaint Hotline:...... (800) 236-8517</td>
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<td>IRS - Federal Taxes:....................... (800) 829-1040</td>
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<td>Judic - Legal Assistance:............ (800) 472-1638</td>
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<td>Kidney Disease Information:........ (800) 638-8299</td>
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<td>Lawyer Referral and Information: .......................... (800) 362-9082</td>
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<td>Legislative Hotline:..................... (800) 362-9472</td>
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<td>Liver Disease Information:.......... (800) 465-4837</td>
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<tr>
<td>Maternal and Child Health (MCH) Hotline: (800) 722-2295</td>
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<tr>
<td>Medicare Hotline - Hours: Mon-Fri 9am-3pm: (800) 633-4227</td>
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<tr>
<td>Medicaid:.............................................. (800) 362-3002</td>
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<tr>
<td>Medicaid/Badgercare:................... (888) 445-1621</td>
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<td>Medicaid Managed Care (HMO’S):........ (800) 291-2002</td>
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<tr>
<td>Medicare Durable Medical Equipment &amp; Part A Claims: (800) 633-4227</td>
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<tr>
<td>Medicare Fraud &amp; Abuse Hotline - Wisconsin: (800) 581-1790</td>
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<tr>
<td>Medicare - Wisconsin Physicians Service (WPS), Part B Claims:........ (888) 915-4001</td>
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<tr>
<td>Medigap Helpline:............................... (800) 242-1060</td>
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<td>Mental Health America:............... (800) 969-6642</td>
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<td>Multiple Sclerosis Association of America: (800) 532-7667 Ext. 154</td>
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<td>Multiple Sclerosis Foundation:.... (888) 673-6287</td>
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<tr>
<td>Multiple Sclerosis Society:......... (800) 242-3358</td>
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<td>Muscular Dystrophy Association - USA National Headquarters:........ (800) 572-1717</td>
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<tr>
<td>National Child Abuse Hotline 1-800-4-A-CHILD: (800) 422-4453</td>
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<td>National Child Care Information Center: (800) 532-4783</td>
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<td>National Family Caregivers Association: (800) 896-3650</td>
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<td>National Health Information Service: (800) 336-4797</td>
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<td>National Hospice and Palliative Care Organization: (800) 658-8898</td>
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<td>National Immunization Information Hotline: (800) 232-2522</td>
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<td>National Institute of Mental Health Information Service: (888) 615-6464</td>
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<td>National Institute of Neurological Disorders and Stroke: (800) 352-9424</td>
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<td>National Kidney Foundation:........ (800) 622-9010</td>
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<td>National Parkinson Foundation, Inc.: (800) 473-4636</td>
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<tr>
<td>National Stroke Association:........ (800) 787-6537</td>
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<td>Nursing Home Complaints/Ombudsman: (800) 815-0015</td>
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<td>Organ Donations:......................... (800) 528-2971</td>
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<tr>
<td>Osteoporosis:................................. (808) 800-0035</td>
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<tr>
<td>Organ Donation:............................ (800) 528-2971</td>
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<tr>
<td>Panic Disorder Information Line:..... (800) 647-2642</td>
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<td>Parkinson’s Association-Wisconsin: (800) 972-5455</td>
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<td>Poison Center – Wisconsin:.......... (800) 222-1222</td>
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<td>Road Conditions in Wisconsin........ 5-1-1</td>
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<td>Second Surgery Opinion Information: (800) 633-4227</td>
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<td>SeniorCare Customer Service:....... (800) 657-2038</td>
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<tr>
<td>Social Security:.............................. (800) 772-1213</td>
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<tr>
<td>Telephone Assistance Grant:......... (888) 382-1222</td>
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<tr>
<td>Tenant Resource Center:............... (877) 238-7368</td>
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<tr>
<td>United Way 211 or:......................... (800) 922-5590</td>
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<td>U.S. Department of Housing and Urban Development: (800) 669-9777</td>
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<tr>
<td>U.S. Department of Veterans Affairs: (800) 827-1000</td>
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<tr>
<td>Visual and Hearing Impaired-Wisconsin: (800) 362-1290</td>
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<td>Wisconsin Board on Aging and Long Term Care - Ombudsman:.................</td>
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<td>Wisconsin Council of the Blind &amp; Visually Impaired: (800) 783-5213</td>
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<tr>
<td>Wisconsin Dept. of Agriculture, Trade, and Consumer Protection:.........</td>
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<tr>
<td>Wisconsin Dept. of Agriculture, Trade, and Consumer Protection – NO CALL List: (888) 382-1222</td>
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<tr>
<td>Wisconsin Dept. of Health &amp; Family Services - Office for the Blind &amp; Visually Impaired: (888) 879-0017</td>
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<tr>
<td>Wisconsin Department of Veterans Affairs: (800) 947-8387</td>
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<tr>
<td>Wisconsin Department of Workforce Development-Division of Vocational Rehabilitation: (800) 442-3477</td>
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<tr>
<td>Wisconsin First Step:................. (800) 642-7837</td>
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<tr>
<td>Wisconsin Guardianship Support Center: (800) 409-9410</td>
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<tr>
<td>Wisconsin Housing and Economic Development Authority (WHEDA) - Home Improvement Loan: (800) 334-6873</td>
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<td>Wisconsin Medicaid Recipient Hotline: (800) 362-3002</td>
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<td>Wisconsin Office of the Commissioner of Insurance: (800) 236-8517</td>
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<td>Wisconsin Physicians Services:..... (800) 915-4001</td>
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<td>Wisconsin Public Service Commission: (888) 816-3831</td>
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<tr>
<td>Wisconsin Talking Book &amp; Braille Library: (800) 242-8822</td>
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<tr>
<td>Wisconsin Telecommunications Relay Service: (800) 947-3529-TTY</td>
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<td>*Directory Assistance for Toll-Free Numbers: (800) 555-1212</td>
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